

MARCH 2024 | VOL. 39

THE SPRINGBROOK BUZZ

the new edition



It's St. Patrick's Day

By Claire Weiner

Tomorrow's St. Patrick's Day Wearing the Green

Irish now, it's more than it seems

Don't forget the corned beef and cabbage to eat.

We're all a little Irish today

Cut out your green not your gray

Swing to the Jig

To the Irish that's big

Sport a wee bit Irish now

Give a smile, not a frow(n)

Sport that Irish way

Don't forget it's St. Patty's Day!



SALON SERVICES

Need a trim? Our salon offers services for all of your grooming needs!

Wanda is available
Mondays from 8:30am
- 11:30pm, and
Thursdays from
8:30am - 2:30pm.

To set up an
appointment, please
call Reception (ext.
200).

Need a place to stay when visiting your loved ones?

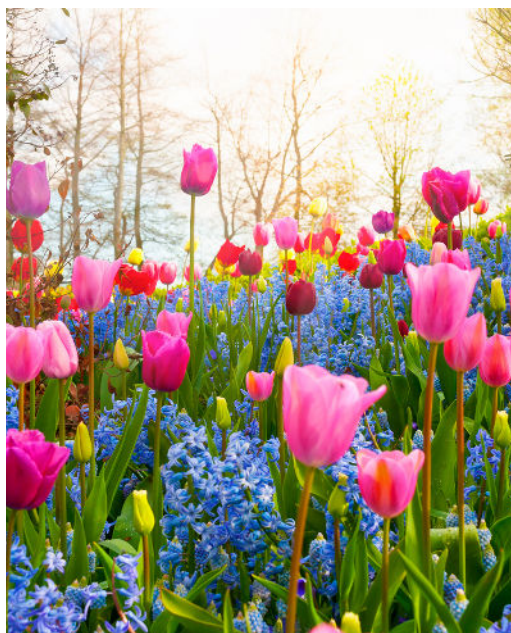
Stoney Creek Inn has discount
rates available

Standard Deluxe Rooms from
just \$85 on weekdays

<https://www.stoneycreekhotels.com/hotel/la-crosse/>

Ask for the SpringBrook Rate

Resident in the Spotlight



Jackie Schumann - Apt G22

Jackie grew up in Elroy, WI, and moved to SpringBrook in January of 2024. Jackie has five children, and all of their names start with the letter J! Jackie was a farmer with her husband for many years, and afterward joined the Legion Auxiliary. Jackie enjoys playing cards, watching game shows, flowers, and gardening. Jackie's favorite foods are pizza and steak. She says when she would cook, she did not know how to make small portions and would end up with 50 pounds of potato salad! Welcome to SpringBrookJackie, we are happy you are here!

Hobbies:

- Playing Cards
- Watching TV
- Watching Game Shows
- Gardening
- Music

A pleasant dining experience is vital to the health and lifestyle of our residents. In simplest terms, mealtimes meet nutrition and hydration needs. However, they also promote social and emotional wellness, allowing residents to exercise their independence and enjoy friendships.

At SpringBrook we offer and support meal choices. Residents may choose their entrées and beverages. If you do not call the kitchen before the meal to let them know you want an alternate entrée, there will be a wait while your selection is prepared. We try to accommodate a resident's habits. A resident who has not been in the habit of eating breakfast for most of his or her life may not want to come to the dining room bright and early each morning. Simply let dining services know that you do not wish to come to the dining room for a meal, or if you prefer, you may pick up your meal from the dining room and take it to your apartment.

SpringBrook staff offer assistance for all three meals. They assist with serving, getting beverages, and clearing tables. Occasionally there may be conflicts or situations in the dining room that are making some residents uncomfortable. Staff may need to adjust seating arrangements to deal with these issues, or to solve mobility problems. Please do not be offended if you are asked to move or rearrange.

There are no assigned or reserved seats in the main dining room. Friendships develop and people may prefer to sit together. Current residents should be friendly and welcoming to new residents who would like to get to know others during mealtimes and group activities.

We also try to make the dining experience in the CBRF for our residents with memory loss closely resemble a relaxed family-style setting. Without overwhelming residents, staff will offer options and ask them to choose what they would like. Simpler foods, such as finger foods, are available to accommodate residents with varying degrees of ability.

We do not want to have residents in the main dining room outside of normal dining hours because dietary staff need time to clean the floor, bus and clean the tables, and set tables for the next meal. We also want to make sure that our dining room always has a clean and presentable appearance.

Our main dining room hours are:

- Breakfast: 7:30 – 8:30
- Lunch: 11:30 – 12:30
- Dinner: 4:30 – 5:30



Manager in the Spotlight: Brittany Scholler

Brittany is the Assistant Dining Services Manager at SpringBrook, and has worked here for eight years! She started as a cook and has continued to grow her career with the company over time. Brittany says her favorite part of her job is creating the menus and helping create the food for holidays and parties, making it special for the residents. A fond memory Brittany has is sitting and talking with a past resident and always making him a peanut butter and jelly sandwich as his evening snack. When not working,

Brittany enjoys going for walks, listening to a variety of podcasts, and cooking/baking for her family and friends. She also has plans to take a trip down to Texas. Thank you for everything that you do for SpringBrook's residents Brittany, it is always appreciated!



Employee of the Month

March: Elizabeth Schultz

Elizabeth, a member of our Healthcare Staff, has been chosen as SpringBrook's March Employee of the Month! Elizabeth works a lot of mandated shifts; she always has an upbeat attitude and is great with SpringBrook residents. Elizabeth's favorite part of her job is helping

others, and she says her co-workers and management team are helpful in return. Having a big compassionate heart, a person-centered mentality, and always wanting to give the best quality of care, all help Elizabeth be successful at her job. She would like all future co-workers to know how great the work atmosphere is, and that your co-workers and management team are great to work with.

Elizabeth loves hearing all of SpringBrook's residents' stories while visiting with them, and getting to know them all on a deeper level has been such a special experience for her. Thank you, Elizabeth for all your hard work. Your dedication to SpringBrook and its residents has not gone unnoticed!



New Hires

Lindsey Szymanski

Lindsey is joining SpringBrook as a Resident Care Assistant! A few of her favorite things include coffee, Chick-fil-A, Sweetarts, and the color pink. Lindsey enjoys playing soccer, shopping, traveling, hiking, and fishing. She has a twin sister and would love to visit Hawaii and learn to surf. Welcome to SpringBrook Lindsey, we are confident you will do great things!

Welcome



Brianna Sanderson

Brianna is joining SpringBrook as a Life Enrichment Assistant! A few of her favorite things include Dr. Pepper, Olive Garden's chicken gnocchi soup, Kit-Kats, and the colors yellow and green. Brianna enjoys hiking, going to concerts, reading, and hanging out with her dog and friends. Brianna has been skydiving before and would like to visit Banff National Park. Welcome to SpringBrook Brianna, we are glad to have you on the team!

New Hires

Stanley Lewin

Stanley is joining SpringBrook as a Life Enrichment Assistant! A few of his favorite things include iced tea, pizza, Snickers, and the color blue. Stanley enjoys photography and going to local events and he would like to visit New York to see the Statue of Liberty. Stanley also ran his own newspaper in High School! Welcome to SpringBrook Stanley, we are excited that you are here!



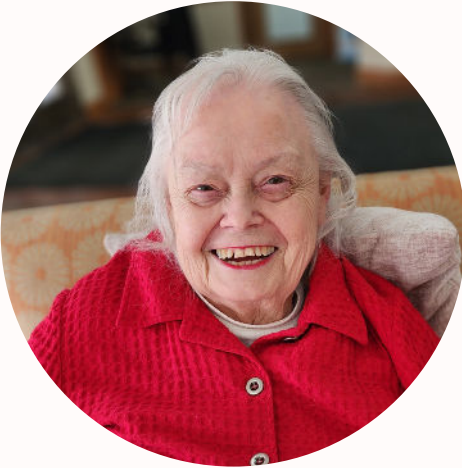
"The first
blooms of
spring
always make
my heart
sing."

S. Brown

liltigers.net



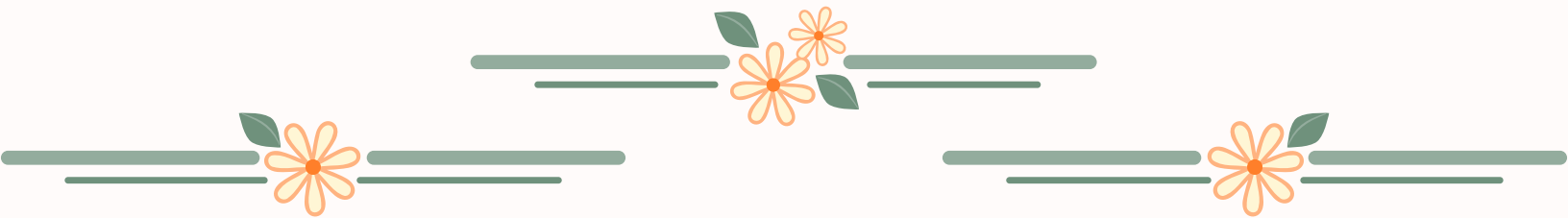
Say Hello



Shirley Marson
Apt 307



Marie Mayer
Apt 101



In Memory Of Forever Missed



Tom Viner



Erv Dwyer



Happy Birthday

CELEBRATING MARCH BIRTHDAYS

Resident Birthdays

Faye H. - March 5

Pat K. - March 7

Ed V.V. - March 16

Staff Birthdays

Taylor F. - March 12

Alyssa K. - March 22

Chris B. - March 23



CELEBRATING STAFF ANNIVERSARIES

We want to acknowledge the hard work our team does by celebrating our staff anniversaries!

Alexis E. - 2 Years

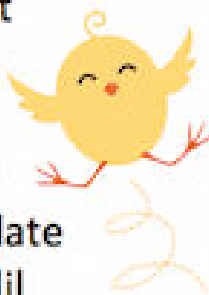
Christi G. - 1 Year



Easter Word Search

F L O W E R S G N I R P S Z O
 S K C I H C T E B P A R A D E
 Y T P B Z E T M P M G E H Y S
 D G X P N A R J B S P A A E S
 N E Z N R U A S U B T S P D A
 A K O O A E D N N T D T P I R
 C B C E B T I A N E A E Y Y G
 X E G T B A T E Y K F R G L P
 D G E N I L I B U S F T G I S
 S C I E T O O Y V A O W E L U
 S K C U D C N L I B D O M V N
 U I Y K R O F L S P I L U T D
 O H Y G V H T E V A L X J F A
 K X R A W C F J A H U N T J Y
 Y L I M A F A S P E E P S E M

Basket
 Bonnet
 Bunny
 Candy
 Chicks
 Chocolate
 Daffodil
 Decorate
 Ducks



Dye
 Easter
 Egg Hunt
 Eggs
 Family
 Flowers
 Grass
 Happy
 Jellybeans

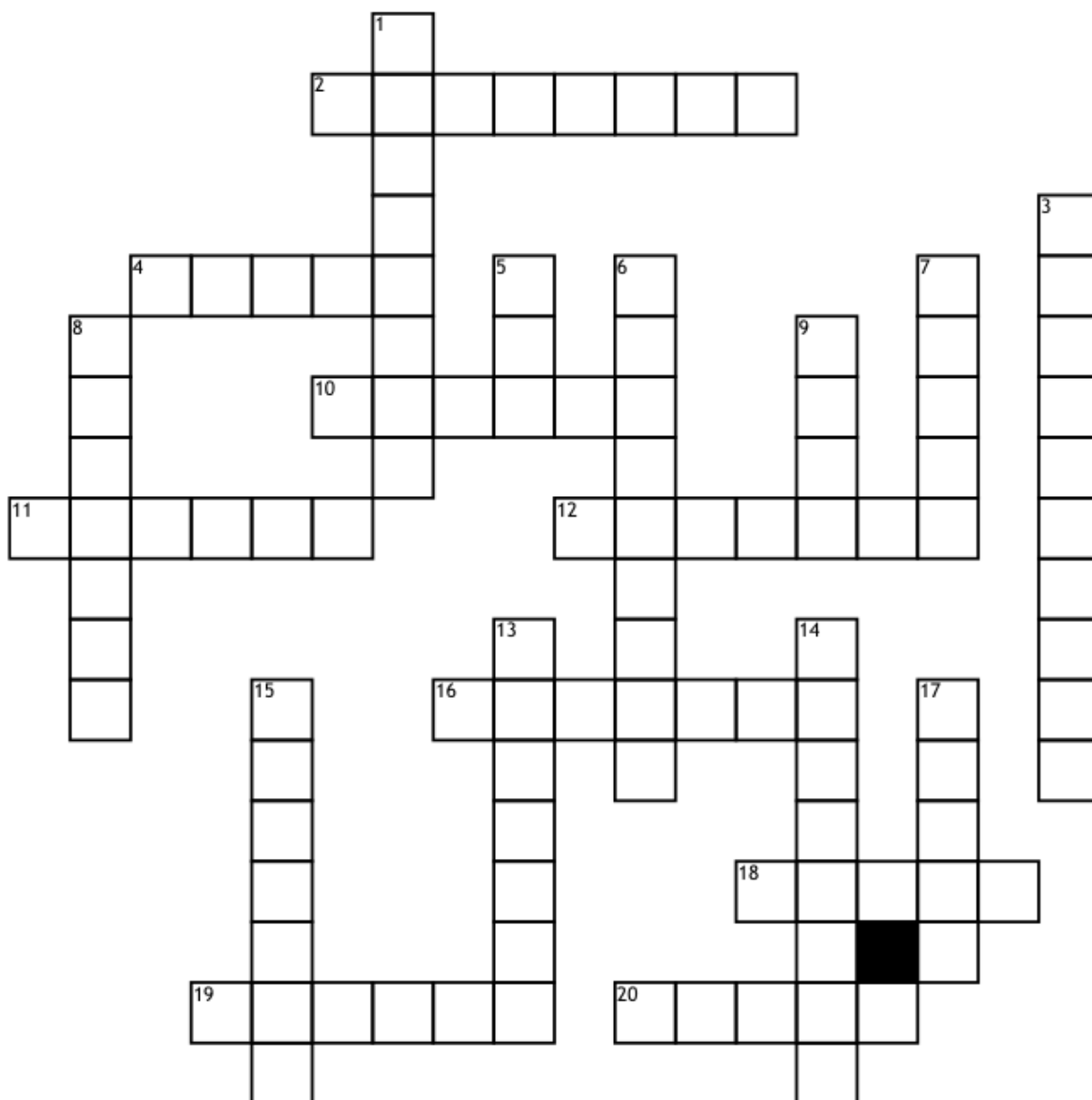
Lily
 Parade
 Peeps
 Rabbit
 Spring
 Sunday
 Tradition
 Tulips



Name: _____

Date: _____

St Patrick's Day Puzzle



Across

2. Used by St. Patrick to illustrate the Trinity
 4. Month of Patrick's death
 10. Female saint from Kildare
 11. Where Patrick was bishop
 12. abductors of young Patrick
 16. Another male saint of Ireland

18. Century when Patrick may have lived

19. Patrick banished them from Ireland

20. St. Patrick's day color

Down

1. Young Patrick worked as a
 3. St. Patrick's Father
 5. kind of Irish dance
 6. Patrick's name in Latin

7. Instrument for keeping the beat

8. color of the isles

9. garment worn by bagpipers

13. St. Patrick's grandfather

14. instrument played on St. Patrick's day

15. Nation where Patrick was born

17. like pulling --