

THE SPRINGBROOK BUZZ

the new edition



June Specialty Dining Events

The kitchen has planned some fun & special dining events for the Month of June:

- Build your own smoothie bar on June 11th for the lobby social hour this month. A great way to get some extra hydration in on this hot summer month!
- Let's travel to Maine on Friday, June 12th! We will be having a themed lunch, with popular food and drinks from the berry capital of the US.
- Sunday Brunch on June 28th. This lunch will have extended hours, with a specialty drinks and foods menu to order from.

There are new spring and summer meals on the weekly menus to keep things fresh and in season! If you have a family recipe you'd like to see on the menu, please share and we will be happy to include it.

The new alternative menu is out! Make sure to grab one at the front desk for days you're not feeling the daily special.

SALON SERVICES

Need a trim? Our salon offers services for all your grooming needs!

Tania is available:
Wednesdays from
8:00am to 4:00pm.

To schedule an
appointment, please
call Reception at
Extension #200

Need a place to stay when visiting your loved ones?

Stoney Creek Hotel has discount rates available for our families and friends. Make your reservation by calling 608-781-3060 or online using code SPRING <https://www.stoneycreekhoteles.com/hotel/la-crosse/> Ask for the SpringBrook Rate

Resident in the Spotlight



Karen Eich - Apt 307

Karen moved to SpringBrook in November of 2025 from her home in Rushford, MN. She has two daughters, three granddaughters, and a cat named Chloe. Karen's Catholic beliefs are important to her. She worked for the Diocese of Winona for 27 years, doing clerical work, saying she loved all the time she spent there. Karen loves crafts and has taught a few card-making classes here at SpringBrook with her family. She enjoys SpringBrook and the many activities offered, the people, and the relaxing environment. Thank you for being at SpringBrook, Karen. We are glad to have you with us!

Hobbies:

- Crocheting
- Sewing
- Crafting
- Being outside
- Socializing



What Assisted Living Means in Daily Life

Lori Schulz, Vice President of Sales and Marketing

Whether you live in our community or support a loved one who does, it helps to revisit what assisted living is—and isn't. Our mission is to support residents in living with dignity, freedom of choice, independence, and quality of life, while providing personal care services within state-assisted living regulations.

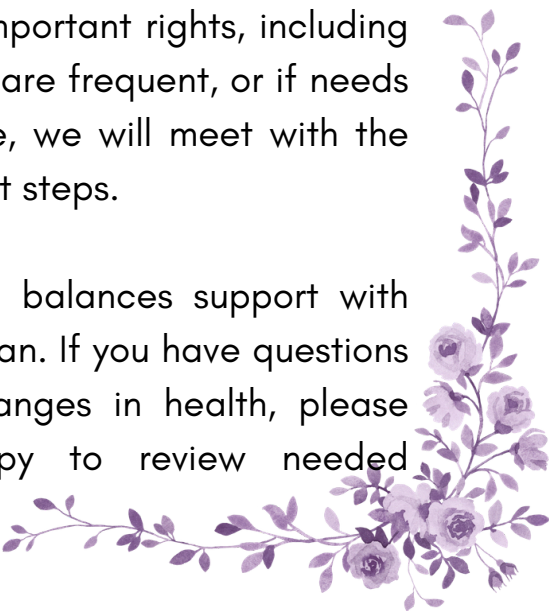
In daily life, assisted living may include help with activities of daily living, including medication assistance, as outlined in the service plan. We also observe and communicate changes we notice, and we collaborate with residents, families, and healthcare providers to keep the service plan current.

What to keep in mind: Assisted living is not a nursing home. It does not provide continuous 24-hour skilled nursing care, constant one-to-one supervision, or a completely risk-free environment. Services must remain within the community's licensed scope and the residents' assessed needs and service plan.

Like at home, some risks can't be fully eliminated. Falls or accidents may occur without constant monitoring, and cognitive or health changes may require updates to the service plan—or, at times, a move to a different level of care. The best outcomes come from partnering early, so please tell us about new symptoms or changes you're noticing.

Our team monitors changes and will communicate with residents and families when updates may be needed. Residents maintain important rights, including the right to refuse services or medications. If refusals are frequent, or if needs increase beyond what can be safely supported here, we will meet with the residents and family to review options and discuss next steps.

Bottom line for residents & families: assisted living balances support with choice, within licensing and each resident's service plan. If you have questions about services, medications, safety support, or changes in health, please reach out to community leadership—we're happy to review needed adjustments to your service plan.



Employee of the Month

June: Rae Williams

Rae, a member of our Healthcare Staff, is June's Employee of the Month! She is a lead staff that helps train new nursing staff, is a team player, picks up extra shifts and has a genuine heart for SpringBrook residents.

Rae says her favorite part of her job is getting to interact with the residents. She truly enjoys working with the residents, a few in particular bring joy to her when they are thankful for her help, give sweet compliments, and they have good conversations together.

The encouraging environment, staying positive, and being a team player help Rae to be successful at her job, saying SpringBrook is a fun and enjoyable place to work.

A fond memory Rae has is when she was helping get a resident ready to go to the hospital, and the resident kept cracking jokes about hoping she had a male doctor once she got there.

Thank you, Rae, for your positivity and care for the residents at SpringBrook. It is greatly appreciated!



Say Hello



Bonnie Clements
Apt 306



Audrey Duerwachter
Apt 104



Don Duerwachter
Apt 104

Welcome Committee



Orville L.



Nancy P.



Jim M.



Pearl K.



Barb J.



Deb H.



Happy Birthday!

CELEBRATING JUNE BIRTHDAYS

Resident Birthdays

Rob Roy R. - June 1

John N. - June 8

Bonnie H. - June 12

Bill L. - June 14

Richard B. - June 14

Darwin B. - June 29

Staff Birthdays

Thea H. - June 3

Maggie S. - June 4

Kennedy B. - June 6

Madelyn C. - June 10

Alyssa S. - June 15

Diamond H. - June 20

Rae W. - June 22

Hailey O. - June 26

Heather R. - June 27



CELEBRATING STAFF ANNIVERSARIES

We want to acknowledge the hard work our team does by celebrating our staff anniversaries!

**THANK YOU
SO MUCH!**

Jennifer S. - 5 Years

Bailey S. - 1 Year

Daniella A. - 1 Year





Father's Day

E H O F W G D V X L F N G C Z I C S N U L Q L N
H V B Q X G A P P W X D K X R E U N E Y A K X U
P T I Z G N O R T S U N D E R S T A N D I N G J
L E G T G I W C F E N C O U R A G I N G C N N Q
A J G P I M E F P X Q K Z F J T M B H J O X I D
I A D E T S U R T S Y Y G R Y G S U C Z B M Z G
C L O O C L O X A U M R Z Q G L H L A D C J A H
E O D C O M Y P V S N C T D F U R M R P B M M M
P V M A C A W C F V C R H I E F K F I Z J G A U
S E V U D Y N N U F A U A A I R I M N W B Y C A
C D B O L A G T U M T J N R H E N Q G Z C V S R
J T Y O A E N K S P J I D F U D D X T Y J W P C
H Y S L O V I N G D Q H Y A W N G H E L P F U L
L I P E M R R L M Y B I Y N Z O G W P T D W E W
Q I R V B E I S W F A L C U V W I P A N E F H D
L R O G Q P P U W N C A K S U P P O R T I V E Q
R V U C X Y S P U N E R W B W H C G Q B Y V C R
A C D Y J T N E R M T I I R E B A N N B Y T W T
S A N C Z L I R F N O O I M D T W N N I K E D F
K G E V A R B G N I P U N Z C N D Y D U V Q Z P
A V F Z E X G J R Z D S S W E E T I B S B I K U
F S G B E S I W R E U F M P O V B G U M O Y G W
U H L Y R H U W K D A H V E V O L J Z U A M R J
N R O B I X F A P R O T E C T I V E T U U U E X

understanding
inspiring
trusted
strong
super
great
love

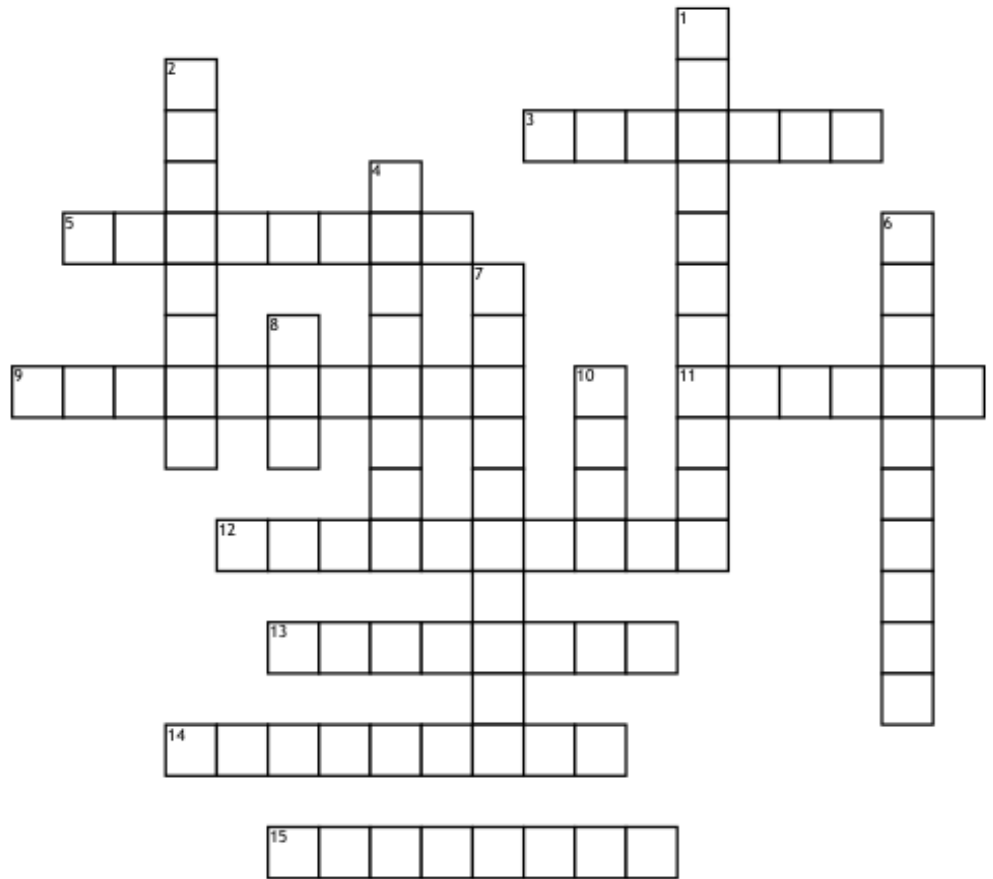
encouraging
hilarious
special
caring
sweet
funny
cool

supportive
unafraid
amazing
loving
smart
wise
dad

protective
positive
helpful
proud
handy
kind
fun

wonderful
handsome
giving
loved
brave
best

Summer Vacation



Across

- 3. on the water activity
- 5. holiday away with your family
- 9. the opposite of being stressed out
- 11. sport with a kick
- 12. Don't forget to wear your _____ when going in a boat

- 13. pack up the car with your family to go on a _____.
- 14. sun protection
- 15. A summer activity that helps you keep cool

Down

- 1. don't forget to pack your _____ when going to the beach
- 2. treat to keep cool

- 4. another treat to keep cool
- 6. green and red fruit helps you keep cool
- 7. build it in the sand
- 8. darkening of the skin
- 10. Go to this green area to play with your friends